



Visitor Restriction Policy for Prevention of Transmission of COVID-19

Astria Health is committed to protecting the health, safety and wellbeing of our patients, the community, your families and employees. Therefore, during the COVID-19 Outbreak, the hospital is **continuing to follow local, state, and federal guidance on visitation.**

Astria Health recognizes the healing impacts of family and friend presence during hospitalizations. **Beginning May 20, 2021, Astria Health will allow one visitor per day.** Visitation hours will be from 12p.m.-8 p.m. daily- exceptions will be made on a case by case basis. Visitors under the age of 16 will not be allowed except under extraordinary circumstances. Outpatient services encourage patients to come alone to their appointments.

In efforts to ensure safety, we continue to encourage alternative ways of communicating with family and loved ones, including phone calls, FaceTime, CHIME, Skype, etc. whenever feasible.

When in person visitation is crucial, we will follow the guidance below:

- Acute care inpatients 1 visitor per day for Non-COVID patients
- End of Life- COVID and Non-COVID (2 Visitors)
- Patient under the age of 18 (1 Parent/Guardian)
- Adult Patients with Altered Mental Status and/or Developmental Delay (1 Designated Care Partner*)
- Obstetric Patient (1 Designated Care Partner/ Birth Support Partner)
- Newborn (1 Designated Parent/Guardian in addition to the mother*)
- Patients having a Surgical Procedure (1 Designated Care Partner until procedure/surgery concluded*)
- Patients in the ED may have 1 person accompany them
- Patients with disruptive behavior where having a visitor at the bedside is critical for care (1 Designated Care Partner*)
- To ensure a safe discharge—1 family member/caregiver present during discharge instructions who will accompany the patient out of the building
- Outpatient services
 - Patients may have 1 person accompany them
 - Post-partum patients may bring newborns
 - Patients may bring their children if they have no alternative

** A Designated Care Partner may be a: parent, guardian, spouse, domestic partner, other family member, or a friend.*

Please note, there is ongoing evaluation of patient and population health needs. Guidance subject to change with direction of local, state, and or federal instruction.

Persons Entering Astria Health Centers will be screened:

- Monitor temperature of anyone requesting entry. Assess for temperature >100.0, coughing or trouble breathing.
- New cough that is not attributed to another medical condition
- New muscle aches (myalgia's) not attributed to another medical condition or another specific activity
- Throat pain not associated to another medical condition
- New shortness of breath not attributed to another medical condition.
- Positive COVID-19 test within 14 days
- Prolonged exposure to COVID-19 positive person within 14 days

COVID-19 remains a serious public health threat. The following restrictions are in place:

- All visitors requested to perform hand hygiene before entering areas within the hospital or clinics.
- Visitors 2 years of age and older (even if fully vaccinated) must wear masks at all times while in our facilities.
- Visitors will not be allowed in the rooms of patients with confirmed or suspected COVID-19, except for limited situations such as end of life.
- Visitors will be screened upon entry and will only be allowed if they do not have symptoms of COVID-19.
- Visitors cannot have pending COVID-19 tests that were taken due to symptoms or exposure to a person who tested positive for COVID-19.
- Visitors cannot have tested positive and still be within their isolation period or have been in contact with anyone who tested positive for COVID-19 within the last 14 days.
- Visitors must stay in the patient's room except when arriving or departing the facility.
- Visitors may not consume food or beverages in the lobbies, waiting areas, shared patient spaces or when healthcare workers are present in the patient care space.

If any of these conditions are present, the visiting individual will not be allowed to enter the hospital or Astria Health Center.