

**2022-2024**

# Lower Yakima Valley Community Health Needs Assessment Implementation Plan



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Pending adoption by: Astria Sunnyside Hospital Board – April 21, 2022  
Pending adoption by: Astria Toppenish Hospital Board – April 26, 2022

# **ASTRIA SUNNYSIDE HOSPITAL AND ASTRIA TOPPENISH HOSPITAL COMMUNITY HEALTH PRIORITIES IMPLEMENTATION PLAN**

Based on data collected from the Community Convening work, the following priorities were selected for Astria Sunnyside Hospital and Astria Toppenish Hospital to focus on over the next three years.

## **ASTRIA SUNNYSIDE HOSPITAL**

1. Increase access to behavioral health and substance abuse services.
2. Improve access to care (primary and specialty)
  - a. Prevention, screening, and treatment of chronic diseases
  - b. Dental care
  - c. Care transitions and care coordination
3. Addressing social determinants of health
  - a. Housing affordability, access, and quality
  - b. Food insecurity

## **ASTRIA TOPPENISH HOSPITAL**

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2. Improve access to care (primary and specialty)
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  - b. Dental care
  - c. Care transitions and care coordination
3. Addressing social determinants of health
  - a. Housing affordability, access, and quality
  - b. Food insecurity
  - c. Provide training and increase efforts to improve health equity
  - d. Care transitions and care coordination

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**PRIORITY 1: INCREASE ACCESS TO BEHAVIORAL HEALTH AND SUBSTANCE ABUSE SERVICES.**

Strategy	Astria Resources	Collaborating Partners	Measurement of Success	Facility-Specific or System-Wide
<b>Continue efforts to integrate and co-locate Primary Care and Behavioral Health (including medication management, mental health therapy, and substance use disorder screening).</b>	Astria Sunnyside and Toppenish Rural Health Clinics	Greater Columbia ACH Comprehensive Mental Health	Behavioral health providers embedded in 2 additional primary care clinics.	System
<b>Increase compliance with annual wellness visits for current patient panel to ensure standardized behavioral health screenings are completed.</b>	Astria Sunnyside and Toppenish Rural Health Clinics	Greater Columbia ACH	% of patients receiving annual wellness visits increased by 10% per year.	System
<b>Increase compliance with standardized behavioral health screenings (at wellness visits for current clinic patient panels and for acute care and emergency visits) and ensure patients are referred to needed services.</b>	Astria Sunnyside and Toppenish Rural Health Clinics  Astria Sunnyside and Toppenish Emergency Departments	Greater Columbia ACH WSHA Comprehensive Mental Health	<ul style="list-style-type: none"> <li>▪ 100% of clinic and emergency department providers and staff trained on selected screening tools (embedded in EHR)</li> <li>▪ 75% of wellness visits include standardized behavioral health screening.</li> <li>▪ Number of acute clinic and emergency department patients screened utilizing standardized tools increased by 5% per year.</li> <li>▪ 90% of patients identified as at-risk through standardized screening are provided or referred to needed services.</li> </ul>	System

Strategy	Astria Resources	Collaborating Partners	Measurement of Success	Facility-Specific or System-Wide
<b>Increase the number of Astria employed Medication Assisted Therapy (MAT) providers.</b>	Astria Sunnyside and Toppenish Rural Health Clinics	State Department of Health Comprehensive Mental Health	Two additional MAT certified providers available in Astria clinics.	System
<b>Coordinate with Yakama Nation Primary Care and Behavioral Health/Substance Abuse Disorder providers.</b>	Astria Toppenish Hospital and Behavioral Health Leadership	Yakama Nation	On-going referral relationship established with the Yakama Nation	Astria Toppenish Hospital
<b>Expand the inpatient behavioral health program at Astria Toppenish Hospital.</b>	Astria Toppenish Hospital Inpatient Psychiatric Unit	Comprehensive Mental Health Department of Commerce PNW Regional Behavioral Health Providers	14 inpatient behavioral health beds added to Astria Toppenish Hospital's Inpatient Psychiatric Unit.	Astria Toppenish Hospital

**PRIORITY 2: IMPROVE ACCESS TO CARE (PRIMARY AND SPECIALTY)**

- a. Prevention, screening, and treatment of chronic disease
- b. Dental Care
- c. Care transitions and care coordination

Strategy	Astria Resources	Collaborating Partners	Measurement of Success	Facility or System
<b>Develop a comprehensive program for discharge planning focused on connecting high-risk patients to primary care providers and community resources.</b>	Astria Sunnyside Hospital Astria Toppenish Hospital Astria Sunnyside and Astria Toppenish Rural Health Clinics Astria Home Health	Greater Columbia ACH Community Resources Post-Acute Providers	<ul style="list-style-type: none"> <li>▪ Discharge planning commenced upon admission for 50% of patients.</li> <li>▪ % of patients referred to/connected with community resources and/or post-acute services increased by 5% per year.</li> <li>▪ % of patients without a primary care provider assigned to a primary care provider increased by 5% per year.</li> <li>▪ % of patients contacted within 48 hours of discharge increased by 5% per year.</li> </ul>	<ul style="list-style-type: none"> <li>▪ System</li> </ul>
<b>Improve system for identification and treatment of chronic diseases by continuing/expanding strategies developed through Greater Columbia ACH</b>	Astria Sunnyside and Toppenish Rural Health Clinics	Greater Columbia ACH	<ul style="list-style-type: none"> <li>▪ Risk stratification achieved for at least 85% of patients with diabetes, depression, COPD, and high blood pressure</li> <li>▪ Care management services provided to at least 95% of patients identified as being high risk.</li> <li>▪ Two other chronic diseases identified for risk stratification/care management.</li> </ul>	System

Strategy	Astria Resources	Collaborating Partners	Measurement of Success	Facility or System
<b>Expand home monitoring program for patients with high blood pressure.</b>	Astria Sunnyside and Toppenish Rural Health Clinics	Greater Columbia ACH Carehalo	Home monitoring program for patients with high blood pressure implemented in 100% of Astria clinics.	System
<b>Pilot embedding Community Health Workers within primary care to support care transitions and care coordination.</b>	Astria Sunnyside and Toppenish Rural Health Clinics	Greater Columbia ACH	Two community health workers embedded in Astria clinics for pilot.	System
<b>Participate in community outreach events to identify community members at risk of chronic diseases and connect them to primary care providers</b>	Astria Health Astria Sunnyside and Toppenish Rural Health Clinics	Yakima County Health District Yakima Valley Farm Workers Clinic Yakima Neighborhood Health Services	Two community outreach events conducted per year.	System
<b>Implement integrated dental services in Rural Health Clinics</b>	Astria Sunnyside and Toppenish Rural Health Clinics	School Districts	Two dental providers integrated within the Astria Clinics.	System
<b>Develop relationships with large agricultural employers to provide preventative health services to employees who may not be able to access care during traditional hours.</b>	Astria Health	Yakima Valley Farm Workers Clinic Employers	Two on-site health events to provide preventative health services to agricultural employees conducted per year.	System
<b>Establish a 27-station outpatient dialysis facility for end-stage renal disease.</b>	Astria Health	Local Dialysis Provider	Dialysis services provided to 132 patients by the third year of facility operation	System
<b>Recruit additional primary care providers to the community.</b>	Astria Health	State Office of Community and Rural Health National Health Service Corps	<ul style="list-style-type: none"> <li>▪ Two additional family practice providers (MD, DO, ARNP or PA) recruited/hired per year.</li> <li>▪ One additional pediatrician recruited/hired</li> </ul>	System

Strategy	Astria Resources	Collaborating Partners	Measurement of Success	Facility or System
<b>Recruit additional specialty providers to the community.</b>	Astria Health Astria Sunnyside Hospital Astria Toppenish Hospital	N/A	The following providers recruited/hired: <ul style="list-style-type: none"> <li>▪ One ENT provider</li> <li>▪ One Gastroenterology provider</li> <li>▪ One Urology provider</li> <li>▪ One OB/GY provider</li> <li>▪ Two Certified Nurse Midwives</li> </ul>	System
<b>Expand endoscopy services through Astria Toppenish Hospital.</b>	Astria Toppenish Hospital	Rural Physician Group	New Endoscopy Center established and operational	Astria Toppenish Hospital
<b>Provide expanded surgical services at Astria Toppenish Hospital.</b>	Astria Toppenish Hospital	Rural Physician Group	Surgicalist program established and providing 24/7 surgical services	Astria Toppenish Hospital

**PRIORITY 3: ADDRESSING SOCIAL DETERMINANTS OF HEALTH**

- a. Housing affordability, access, and quality
- b. Food insecurity
- c. Provide training and increase efforts to improve health equity
- d. Care transitions and care coordination

Strategy:	Astria Resources	Collaborating Partners	Measurement of Success	Facility or System
<p><b>Develop a list of community resources addressing social determinants of health and establish formal system for collaboration</b></p>	<p>Astria Sunnyside and Toppenish Hospital and Clinic Leadership</p>	<p>Sunnyside, Grandview and Toppenish Food Banks School Districts Local Governments Law Enforcement Housing Authority Yakama Nation Churches Substance Abuse Treatment Providers Other TBD</p>	<ul style="list-style-type: none"> <li>▪ Community Advisory Council Established</li> <li>▪ Monthly meetings held with community resources via the Community Advisory council</li> </ul>	<p>System</p>
<p><b>Establish a system for screening patients for assistance with social determinants of health (SDOH) and establish a community referral system.</b></p>	<p>Astria Sunnyside and Toppenish Hospitals and Clinics Cerner Reporting Team (Astria)</p>	<p>Community Advisory Council Members</p>	<ul style="list-style-type: none"> <li>▪ Systems to measure and track SDOH screenings established.</li> <li>▪ Baseline % of patients encounters screened for SDOH</li> <li>▪ Percentage of encounters screened for social determinants increased by 10% each year.</li> <li>▪ 90% of patients identified at risk referred for community resources/services</li> </ul>	<p>System</p>



Strategy:	Astria Resources	Collaborating Partners	Measurement of Success	Facility or System
<b>Partner with the community to increase affordable housing options</b>	Astria Sunnyside Hospital	Catholic Charities	Number of affordable housing units in Sunnyside increased.	Astria Sunnyside Hospital
<b>Conduct a health equity assessment, identify specific health equity issues within the Astria Health system, identify training needs and implement health equity training across the system.</b>	Astria Health Astria Sunnyside Hospital Astria Toppenish Hospital Astria Sunnyside and Toppenish Rural Health Clinics	Washington State Hospital Association Yakama Nation Yakima Valley Farm Workers Clinic Community Health of Central Washington Yakima Neighborhood Health Services	<ul style="list-style-type: none"> <li>▪ Health equity system issues identified.</li> <li>▪ Training/best practices developed.</li> <li>▪ Health equity training provided to 100% of providers and staff</li> </ul>	System

The community health needs identified for both organizations are in alignment with the community health needs identified by key stakeholders.

## COMMUNITY FEEDBACK

Astria Health makes the Community Health Needs Assessment and Implementation Plan available to the public and welcomes feedback. The CHNA is available at the following locations, and on the websites listed below:

### **ASTRIA SUNNYSIDE HOSPITAL ADMINISTRATION**

1016 Tacoma Avenue  
Sunnyside, WA 98944

509-837-1500

<https://www.astria.health/locations/astria-sunnyside-hospital/>

### **ASTRIA TOPPENISH HOSPITAL ADMINISTRATION**

502 W 4th  
Toppenish, WA 98948

509-865-3105

<https://www.astria.health/locations/astria-toppenish-hospital/>